



MENU

Spring 2024 

Week 1	MORNING SNACK	DINNER	DESSERT	AFTERNOON TEA
MONDAY	<i>A selection of fresh fruit, vegetables crudité's and a variety of healthy savoury snacks</i>	<i>Sausage and bean hotpot with mixed vegetables and diced roast potatoes Vegetarian option: meat-free sausages</i>	<i>Greek yogurt with fresh fruit</i>	<i>Ploughman's style platter</i>
TUESDAY	<i>A selection of fresh fruit, vegetables crudité's and a variety of healthy savoury snacks</i>	<i>Butternut squash, chickpea and spinach curry with brown rice and naan bread</i>	<i>Tropical fruit crumble with custard</i>	<i>Jacket potato with tuna and sweetcorn mayonnaise Vegetarian option: cheese and sweetcorn</i>
WEDNESDAY	<i>A selection of fresh fruit, vegetables crudité's and a variety of healthy savoury snacks</i>	<i>Spaghetti bolognese served with garlic bread Vegetarian option: green lentils</i>	<i>Mixed berries with cream</i>	<i>Ham and pineapple pizza muffins pepper sticks Vegetarian option: no ham</i>
THURSDAY	<i>A selection of fresh fruit, vegetables crudité's and a variety of healthy savoury snacks</i>	<i>Spring chicken and vegetable stew with dumplings Vegetarian option: butterbeans</i>	<i>Melon wedges with coconut yogurt</i>	<i>Cheese and leek pastry turnovers served with cherry tomato quarters</i>
FRIDAY	<i>A selection of fresh fruit, vegetables crudité's and a variety of healthy savoury snacks</i>	<i>Creamy fish pie with buttered peas and carrots Vegetarian option: Mixed vegetables in a white sauce</i>	<i>Homemade shortbread biscuit with strawberries</i>	<i>Build-your-own-wraps bar with vegetable crudité's</i>



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Week 2	MORNING SNACK	DINNER	DESSERT	AFTERNOON TEA
MONDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Chicken and vegetable tagine with herby cous cous Vegetarian option: chickpeas</i>	<i>Seasonal fruit salad with crème fraiche</i>	<i>Ham and cheese croissants with cherry tomatoes Vegetarian option: mushroom</i>
TUESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Beef and vegetable keema with brown rice and naan bread Vegetarian option: Quorn mince</i>	<i>Greek yogurt with fruit compote</i>	<i>Rainbow vegetable pasta salad</i>
WEDNESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Mediterranean vegetable and lentil lasagne served with garlic bread</i>	<i>Lime and courgette loaf cake</i>	<i>Sausage rolls with mixed beans in tomato sauce Vegetarian option: Meat-free sausage roll</i>
THURSDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Roast of the day with all trimmings Vegetarian option: Quorn sausage</i>	<i>Fruit platter</i>	<i>Sandwiches with a variety of fillings and a selection of vegetable crudités</i>
FRIDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Fish goujons with buttered new potatoes and sweetcorn Vegetarian option: vegetable fingers</i>	<i>Apple and sultana flapjacks</i>	<i>Flatbreads with roasted vegetables and a hummus dip</i>



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Week 3	MORNING SNACK	DINNER	DESSERT	AFTERNOON TEA
MONDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Chilli con carne with jacket potato wedges with soured cream Vegetarian option: Quorn mince</i>	<i>Fruit compote with Greek yogurt</i>	<i>Pitta pockets with a variety of fillings with carrot batons</i>
TUESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Salmon and vegetable curry served with brown rice and naan bread Vegetarian option: chickpeas</i>	<i>Blueberry and lemon sponge with custard</i>	<i>Mixed bean quesadillas with Mexican style dips</i>
WEDNESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Macaroni and cauliflower cheese served with garlic bread</i>	<i>Fresh fruit platter</i>	<i>Fish fingers with baked beans Vegetarian option: vegetable fingers</i>
THURSDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Sausage and mash with onion gravy served with garden peas Vegetarian option: Quorn sausage</i>	<i>Banana and cinnamon rice pudding</i>	<i>Cheese and marmite puff pastry pinwheels served with cherry tomatoes</i>
FRIDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Chicken and leek pie served with baby potatoes and mixed vegetables Vegetarian option: butterbeans and leek</i>	<i>Peach and raspberry fool</i>	<i>Toasted bagel with ham, cream cheese and cucumber slices Vegetarian option: no ham</i>