



MENU

Summer 2024

Week 1	MORNING SNACK	DINNER	DESSERT	AFTERNOON TEA
MONDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Chicken in a sticky barbecue sauce with potato wedges and broccoli Vegetarian option: meat-free pieces</i>	<i>Seasonal fresh fruit platter with cream</i>	<i>Cream cheese and ham bagels with cherry tomatoes Vegetarian option: no ham</i>
TUESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Cauliflower, spinach and lentil curry with fluffy rice and naan bread</i>	<i>Lemon and blueberry traybake cake</i>	<i>Tuna and sweetcorn pasta salad Vegetarian option: rainbow pasta salad</i>
WEDNESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Spaghetti bolognese with hidden vegetables served with garlic bread Vegetarian option: lentil bolognese</i>	<i>Natural yoghurt with fruit compote</i>	<i>Cheese and tomato pastry pinwheels served with carrot sticks</i>
THURSDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Sausage and bean bake served with mixed vegetables and new potatoes Vegetarian option: meat-free sausage</i>	<i>"Daisy mess" with fresh strawberries</i>	<i>Ploughman's style platter selection</i>
FRIDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Creamy fish pie with with a root vegetable mash topping and served with peas Vegetarian option: butter beans in a white sauce</i>	<i>Melon slices and ice cream</i>	<i>Build-your-own-wraps bar with vegetable crudités</i>



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Week 2	MORNING SNACK	DINNER	DESSERT	AFTERNOON TEA
MONDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Pasta and meatballs in a roasted vegetable and tomato sauce served with a side of garlic bread Vegetarian option: no meatballs</i>	<i>Peach slices with natural yoghurt</i>	<i>Baby potato salad with sliced ham and cucumber Vegetarian option: no ham</i>
TUESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Chicken and vegetable stir fry with noodles Vegetarian option: no chicken</i>	<i>Banana and raisin flapjacks</i>	<i>Mixed beans on toast with cheese</i>
WEDNESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Root vegetable tagine with chickpeas served with herby cous cous</i>	<i>Homemade frozen berry yoghurt</i>	<i>Fish finger and salad wraps with tarte sauce Vegetarian option: vegetable fingers</i>
THURSDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Roast of the day with all trimmings Vegetarian option: meat-free sausage</i>	<i>Fresh fruit salad with cream</i>	<i>Pizza muffins with mixed pepper sticks</i>
FRIDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Coconut fish curry with green beans, served with rice and naan bread Vegetarian option: mixed vegetable curry</i>	<i>Pineapple upside down cake</i>	<i>Sandwiches with a variety of fillings and a selection of vegetable crudités</i>



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Week 3	MORNING SNACK	DINNER	DESSERT	AFTERNOON TEA
MONDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Beef and mushroom stroganoff served with fluffy rice and mixed vegetables Vegetarian option: no beef</i>	<i>Tropical fruit salad with natural yoghurt</i>	<i>Sausage rolls with cucumber sticks and coleslaw</i>
TUESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Creamy salmon and broccoli pasta bake served with garlic bread Vegetarian option: butternut squash</i>	<i>Homemade jam tarts</i>	<i>Mediterranean cous cous salad</i>
WEDNESDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Chicken and vegetable pie served with new potatoes and spring greens Vegetarian option: butter beans</i>	<i>Raspberry fool with shortbread pieces</i>	<i>Savoury scones with cream cheese, chutney and cherry tomatoes</i>
THURSDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Mixed vegetable and pineapple fried rice with a side of spring rolls</i>	<i>Summer fruit crumble with custard</i>	<i>Cheese and ham pitta pockets served with vegetable crudités Vegetarian option: no ham</i>
FRIDAY	<i>A selection of fresh fruit, vegetables crudités and a variety of healthy savoury snacks</i>	<i>Sausage, mash and gravy served with peas Vegetarian option: meat-free sausage</i>	<i>Fresh fruit platter with ice cream</i>	<i>Jacket potatoes with beans and cheese</i>